STATE-FUNDED MENTAL HEALTH & ADDICTION SERVICES FOR ADULTS

The CT Department of Mental Health and Addiction Services (DMHAS) funds mental health & substance use services. DMHAS funded services are provided locally by:

INTERCOMMUNITY, INC.
281 MAIN STREET, EAST HARTFORD, CT 06118
CALL 860-569-5900 TO ACCESS SERVICES
WWW.INTERCOMMUNITYCT.ORG INFO@ICMHG.ORG

Services Provided at INTERCOMMUNITY:
- Outpatient Counseling
- Community Support Services
- Mobile Crisis Services
- Intensive Outpatient Program
- Homeless Outreach
- Medication Management
- Social and Rehabilitation Supports
- Vocational/Employment Supports
- Housing Programs and Supports
- Family and Parenting Support Groups

InterCommunity provides services for children and adults who have private insurance and no insurance.

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
DMHAS information at: www.ct.gov/dmhas
Service information at: www.ct.networkofcare.org

Also see town websites for local services.

THE CITIZEN’S VOICE IN MENTAL HEALTH SERVICES
Amplify, Inc. is a grassroots citizen’s advisory board to DMHAS. Members evaluate state services and promote development of needed services. For information call 860-667-6388. Website at www.amplifyct.org

Some Facts about Mental Health Issues

Prevalent Health Problem
Mental health issues are the most prevalent health problem in America. They are more common than cancer, lung, and heart disease combined.

Hope for Recovery
If you or someone you know is experiencing difficulty, there is hope for recovery with proper treatment and supports. New developments have led to successes not experienced in the past.

Early Intervention
As with many medical disorders, early identification and treatment increases the prospects for recovery and reduces the harm and suffering of a longer course of illness.

Treatable Medical Disorders
Anxiety Disorders, Chronic Depression, Bipolar Disorder, and Schizophrenia are treatable medical disorders. They are not reflective of a person’s character, intelligence, or “will power”.

Search for Recovery
Many treatments are available. If one treatment does not work for you, don’t lose hope. Try another therapy or therapist. Peer-supports and recovery-oriented initiatives have also helped many individuals. Other supports are available from private and state service providers.

When to Seek Help
The American Psychiatric Association identifies when to seek help:
- Marked personality change
- Excessive anxieties
- Extreme highs & lows
- Prolonged depression and apathy
- Marked changes in eating or sleeping
- Inability to cope with problems & daily activity
- Abuse of alcohol or drugs
- Strange or grandiose ideas
- Excessive anger, hostility, or violent behavior
- Seek immediate help if thinking or talking about suicide or homicide.

February 2021

EAST HARTFORD, GLASTONBURY, MARLBOROUGH, NEWINGTON, ROCKY HILL AND WETHERSFIELD

CATCHMENT AREA COUNCIL

Emergency & Non-Emergency Telephone Directory for Mental Health, Substance Abuse, and Other Services

Information provided by Amplify, Inc.
151 New Park Ave., Suite 14A
Hartford, CT 06106

For more cards or information call 860-667-6388
Access cards on line at www.amplifyct.org